

RAMADAN

to-do list

GETTING READY FOR RAMADAN WITH YOUR KIDS

intention

INTENTION TO FAST IN THE MONTH OF SHA'BAN (BEST TIME TO MAKEUP FOR MISSED FASTS) AND RAMADAN



dua

LEARN THE IMPORTANCE OF MAKING DUA AT SPECIAL TIMINGS (SUHOOR AND IFTARR)



salah

PRAY FARD SALAH ON TIME AND MAKE AN EFFORT TO PRAY NAWAFIL



Ramadan talk

TALK TO THE KIDS ABOUT THE IMPORTANCE OF RAMADAN AND LET THEM HELP WITH DECORATION AND MEAL PREP



sadaqah

ENCOURAGE THE KIDS TO DONATE EVERYDAY, DECORATE AND LABEL A JAR



smile

IT'S SUNNAH AND CAN BE DONE WITH/WITHOUT FOOD



tarameeh

TALK TO THE KIDS ABOUT THE BENEFITS OF OFFERING TARAWEEH AND GOOD CONDUCT WITH PEERS IN THE MASJID



control temper

FASTING IS A SHIELD THEREFORE AVOID/CONTROL TEMPER TO ATTAIN THE REWARDS FROM ALMIGHTY



relationship with Quran

MAKE A HABIT TO RECITE 1 JUZ & DO TAFSEER OF 1 RUKU OF QURAN DAILY



tahajjud

MAKE A HABIT TO PRAY 2-8 RAKAH NAFIL BEFORE SUHOOR

100%

family ties

CALL, EMAIL OR WRITE A LETTER TO A CLOSE RELATIVE WHOM YOU HAVEN'T SEEN IN A WHILE



eat healthy

EAT THE FOODS PROPHET(SAW) USED TO EAT



kindness

SHOW LOVE AND SUPPORT TO FAMILY AND COMMUNITY